

# MG-ADL Scale<sup>1</sup>

	0	1	2	3	SCORE
1. Talking	Normal	Intermittent slurring or nasal speech	Constant slurring or nasal speech, but can be understood	Difficult-to-understand speech	
2. Chewing	Normal	Fatigue with solid food	Fatigue with soft food	Gastric tube	
3. Swallowing	Normal	Rare episode of choking	Frequent choking necessitating changes in diet	Gastric tube	
4. Breathing	Normal	Shortness of breath with exertion	Shortness of breath at rest	Ventilator dependence	
5. Impairment of ability to brush teeth or comb hair	None	Extra effort, but no rest periods needed	Rest periods needed	Cannot do one of these functions	
6. Impairment of ability to arise from a chair	None	Mild, sometimes uses arms	Moderate, always uses arms	Severe, requires assistance	
7. Double vision	None	Occurs, but not daily	Daily, but not constant	Constant	
8. Eyelid droop	None	Occurs, but not daily	Daily, but not constant	Constant	

MG-ADL, Myasthenia Gravis Activities of Daily Living.

The information on this page is intended as educational information for healthcare providers.

It does not replace a healthcare provider's judgment or clinical diagnosis.

Source: [myasthenia.org/Portals/0/ADL.pdf](https://myasthenia.org/Portals/0/ADL.pdf)

Patient name \_\_\_\_\_

Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Medical record number \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Time completed \_\_\_\_\_

Add items 1-8 for  
total MG-ADL SCORE

## Reference:

1. Myasthenia Gravis Foundation of America. Accessed July 25, 2022. <https://myasthenia.org/Portals/0/ADL.pdf>