

QMG Scale¹

Test Item	None	Mild	Moderate	Severe	SCORE	
	0	1	2	3	Raw	Scale
Double vision on lateral gaze Right or left (circle one), seconds	61	11-60	1-10	Spontaneous		
Ptosis (upward gaze)	61	11-60	1-10	Spontaneous		
Facial muscles	Normal lid closure	Complete, weak, some resistance	Complete, without resistance	Incomplete		
Swallowing 4 oz water (1/2 cup)	Normal	Minimal coughing or throat clearing	Severe coughing/choking or nasal regurgitation	Cannot swallow (test not attempted)		
Speech after counting aloud from 1 to 50 (onset of dysarthria)	None at 50	Dysarthria at 30-49	Dysarthria at 10-29	Dysarthria at 9		
Right arm outstretched (90 degrees sitting), seconds	240	90-239	10-89	0-9		
Left arm outstretched (90 degrees sitting), seconds	240	90-239	10-89	0-9		
Forced vital capacity	≥80	65-79	50-64	≤50		
Right-hand grip, kg						
Men	≥45	15-44	5-14	0-4		
Women	≥30	10-29	5-9	0-4		
Left-hand grip, kg						
Men	≥35	15-34	5-14	0-4		
Women	≥25	10-24	5-9	0-4		
Head lifted (45 degrees supine), seconds	120	30-119	1-29	0		
Right leg outstretched (45 degrees supine), seconds	100	31-99	1-30	0		
Left leg outstretched (45 degrees supine), seconds	100	31-99	1-30	0		

Total QMG SCORE

QMG, Quantitative Myasthenia Gravis.

The information on this page is intended as educational information for healthcare providers.

It does not replace a healthcare provider's judgment or clinical diagnosis.

Source: myasthenia.org/Portals/0/QMG.pdf

Patient name _____

Date of birth ____/____/____

Medical record number _____

Date ____/____/____

Time completed _____

Reference:

1. Myasthenia Gravis Foundation of America. Accessed July 25, 2022. <https://myasthenia.org/Portals/0/QMG.pdf>